

# HSD73

**GRADE THREE - Candidates may be asked up to 3 questions from the following**

**Degage** - disengage/to release the foot from a closed position to an open position

**Demi** - half

**Plie** - to bend

**Battement** - a beating movement of the leg

**Tendu** - to stretch

**En croix** - in the shape of a cross

**Grand** - big

**Retire** - to draw up

**Adage** - slow movements

**Coupe** - to cut the weight of the body from one foot to the other

**Chasse** - to slide into an open position

**Glissade** - to glide

**Petit** - small

**Jete** - to throw

**Saute** - to spring

**Echappe** - to escape

**Pose** - to place/step in any direction

**Temps Leve** - to hop

**Devant** - at the front

**Derriere** - at the back

**En avant** - travelling forwards

**En arriere** - travelling backwards

**Rond de Jambe** - circle of the leg

**A terre** - on the ground

**Assemble** - to assemble/gather together

**Soutenu** - sustain/hold

**Fondu** - a bend on the supporting leg/to melt

**En dehors** - outwards

**En dedans** - inwards

**Releve** - to snatch the feet up

**Port de bras** - carriage of the arms

**Croise** - crossed

**Ouvert** - open

**Passe** - to pass

**Enchaînement** - a chain of steps/linking together 2 or more steps

**Changement** - a jump to change feet

**Soubresaut** - simple jump without a change of feet

**Ronde de Jambe** - circle of the leg

**A terre** - On the ground

**Arabesque** - Represents the shape of a bow / a position on one leg the other in fourth opposite first a terre or en l'air.

**De cote** - facing the side

**Demi retourne** - Half turn towards the back foot

**Pas de chat** - Step of a cat

**Pas de bourree** - small running steps consisting of three movements fifth, second, fifth.

**Pas de basque** - A step from the basque country representing the swirl of the skirt

**Sissonne** A scissor movement from two feet onto one foot

**Develop** - Unfolding of the leg

**Frappe:** Strike or hit

**Pirouette:** A spin on one leg

**En l'air:** In the air

**Attitude:** A position on one leg the other in fourth opposite fifth, a terre or en l'air

**Sur le cou de pied:** On the neck of the foot

**Epaulment:** Use of the shoulders with one shoulder forward and the other back. the head over the front shoulder and the turning coming from the upper back.

**Ballonne:** A bounce / A balloon like movement

**Simple:** As simple balloons with the accent on the inward movement.

**Compose:** A compound step with the accent not the outward movement followed by a step and close.

**Demi contretemps:** Temps levé in arabesque followed by a chasse passes en avant.

**Battu:** Beaten

**En cloche:** Bell like preparation for grand allegro

**Fouette:** Whip

**Exercice for fouetté** - Preparation for fouetté of adage in the centre and grand allegro fouetté movements

**Battement sur le cou de pied:** Preparation for beaten work

**Contretemps:** Against time/ Coupe under chasse en avant temps leve in arabesque and chasse passe en avant

**Ferme:** Closed